

## Our Team

### K. Vinayaka Rao

Founder of Sevadhama  
PRESIDENT & ED Sevabharathi @, Kanyady-II  
Mob No : 9844092350.

Diploma in Electrical Engineering  
Agriculturist & Self Employed  
Person with SCI since 25 years



### Smt. Swarnagowri

Secretary, Sevabharathi @  
Mob No : 9449334114.  
Accountant in Co-Operative Society  
& Social Worker



### K. Purandara Rao

Convenor of Sevadhama  
Mob No : 9880468649  
Rtrd. Sr. Bank Manager, Agriculturist  
Social Worker, Rotarian



### Dr. Muralidhar Nayak

Director, Sevadhama  
Mob No : 9880447350.  
Former Senate Member, Mangalore University,  
President, Mangalore & Udupi Districts Disabilities  
Association Person with SCI since 42 years



### Rayan Fernandes

Director, Sevadhama  
Mob No : 9535621217  
Motivator, Trainer & Distributor of  
Health Wellness Products  
Person with SCI since 13 years



### Vijaya Kodavoor, Udupi

Director, Sevadhama  
Mob No : 9844613195  
Social Worker



### Balakrishna

Mentor, Sevadhama  
Mob No : 9480036333.  
Social Worker

## Sevadhama is Looking for Charitable Donations

- **THE DONATIONS TO THE TRUST ARE ELIGIBLE FOR TAX CONCESSIONS UNDER SEC 80 G.**
- As a private, non-profit rehabilitation facility, sevadhama relies on donation to maintain its excellence in helping patients to achieve the best possible outcomes. Charitable gifts are directed to rehabilitation activities or other specific needs at a donor's request.
- Sevadhama charges only for the food bill of the patient and care taker. Therapy and other maintenance expenses are to be met by donations.
- For sustaining and expanding this noble project
- Assistive devices: mobility aids and appliances for a child / youth with disability can change life of a person with SCI

- Rs 2,000 Sponsor a Medical kit to SCI for one Month
- Rs 6,000 Sponsor a nominal fee of a SCI for one month
- Rs 4,500 Sponsor a caretaker for a SCI person for one month
- Rs 3,000 Sponsor a days food at Sevadhama
- Rs 10,000 Sponsor for Community Visit
- Rs 15,000 Sponsor a wheelchair for a SCI
- Rs 10,000 Celebrate Your Birthday at Sevadhama



**More People support us the more work we can do to help people with spinal cord injured live an independent life**

Give Once : Help us to expand

Give regularly : Our regular givers allow us to plan big and take action long term

Celebrate your memorable moments

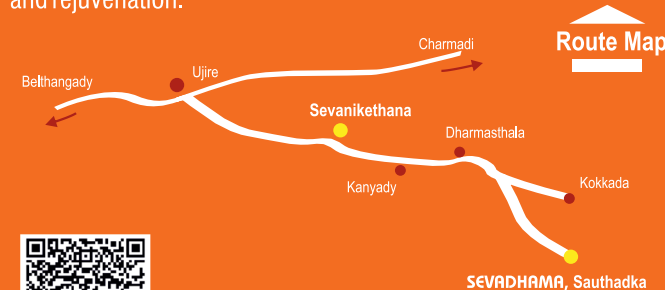
Take part in an event



### Our Contact Details

<b>Name</b>	<b>SEVADHAMA</b>
<b>Address</b>	Opp. Sri Mahaganapathy Temple, Southadka Kokkada Village, Belthangady TQ -574198 D.K District, Karnataka
<b>Contact Numbers</b>	Mob: 9448254888, 9945491241
<b>E-mail</b>	Sevadhama@sevaabharathi.org
<b>Website</b>	www.sevaabharathi.org
<b>Bank Account Holder Name</b>	M/s. Sevabharathi@
<b>Bank Account Number</b>	01682200072637
<b>IFS Code</b>	CNRB0010168
<b>Bank</b>	Canara Bank, Kokkada Branch

Sevadhama is located 17 kms. from Dharmasthala, in peaceful and serene surroundings with spiritual ambience close to Sri Mahaganapathy Temple, Southadka, the place for solace and rejuvenation.



SEVABHARATHI REGD

**DONATE & JOIN US IN OUR MISSION**

# SEVADHAMA

REHABILITATION CENTER FOR SPINAL CORD INJURED

(UNIT OF SEVABHARATHI @, Kanyady - II)

ESTD-2018



HEAD OFFICE :  
SEVANIKETHANA, KANYADY II  
DHARMASTHALA POST & VILLAGE  
DAKSHINA KANNADA DIST.  
KARNATAKA - 574 216 | Contact : 99454 91241

**Vision:**

The Vibrant organization empowers lives through social inclusion and to support self-reliant.

**Mission:**

- Empowering People with spinal Cord Injury to lead and live healthy and dignified life through rehabilitation and livelihood support.
- Empowering rural women by providing training to work their way out of poverty, care for their family and lead a happy and dignified life.
- Facilitate blood donation camps, health camps & Ambulance services to the needy.

**Activities:**

- Identify PwSCI, ( People with Spinal Cord Injured) help to improve their quality of life( in six district (Dakshina Kannada, Udupi, Kodagu, Chikamagalur, uttarkannada & Kasaragod.
- Assist PwSCI to register with government agencies and secure them due benefits.
- Extend rehabilitation services, empower them with life skills and enable to lead a life with dignity and self-help.

**VALUES**

- Respect
- Empathy
- Quality
- Collaboration



**Sevadhama a beacon of light in the life of Persons with Spinal Cord Injury**

- Periodically visit PwSCI, provide inputs & guidance for their wellbeing.
- Provide them mobility accessories like wheelchair, calliper, ramp, toilet facility etc. to lead a better and self-reliant life.
- To impart vocational training for self-employment leading Social Inclusion & economic empowerment.
- Publish relevant materials and organise awareness programs for community awareness.
- Prevention of secondary complications and Maximization of physical functioning of PwSCI
- Physical therapists focus on lower extremity function and on difficulties with mobility
- Rehabilitation team is concerned with the issues of bowel and bladder dysfunction and the management of pressure sores.
- Extend medical support to PwSCI at their door Step.

Supported & Guided By  
 The Association of People with Disability(APD), India and  
 Sri Maha Ganapathy Seva Trust®, Sauthadka



**We Did It**

**The Context**

Founder of this organization is a person with spinal cord injured Knowing and experiencing fully the complexities of the issue, established a SCI Rehabilitation centre - "SEVA DHAMA" at Sauthadka for the benefit of economically marginalized people with SCI.

**DO YOU KNOW**

**Spinal Cord Injury Facts:**

- ❖ Multiple disabilities at one stroke
- ❖ Lifelong disability
- ❖ Complete or partial on functional ability
- ❖ No complete cure anywhere in the world
- ❖ Surgery does not mean recovery
- ❖ Quality rehabilitation, the only way forward
- ❖ Physiatrists, Physiotherapists, Occupational therapists - True guides for PWSCI
- ❖ Peer trainers and peer guidance - Best support for lifetime
- ❖ Quadriplegic-injury at the neck level
- ❖ Paraplegic-Injury below the neck level
- ❖ Most common causes - road accidents and fall from heights, virus attack & Spine TB.



**Spinal Cord Injury Consequences:**

- ❖ Every person with SCI deals with all or most of the following lifelong consequences on a daily basis
- ❖ Impairment of communication to and from the brain
- ❖ Lack of sensation below the level of injury
- ❖ Lack of mobility in the legs & Loss of bladder control and bowel control
- ❖ Impairment of sexual ability
- ❖ Risk of skin breakdown(bedsores)
- ❖ Urinary Tract Infection(UTI)
- ❖ Secondary complications, risk for lifetime
- ❖ Inappropriate size of wheelchairs - enhanced risks
- ❖ A person with neck-down paralysis has to deal with additional aspects such as :
- ❖ Loss of hand and/or finger function
- ❖ Respiratory challenges
- ❖ Rapid blood pressure rise, life threatening risk
- ❖ Unusual clotting of blood in the legs

**Our Services at SEVADHAMA**

**Provide free-healthcare :** therapy and capacity building sessions for people with SCI



**Enhance mobility :** Ensure social inclusion and increase mobility of people with SCIs by providing suitable mobility aids & training



**Emotional Support :** Deal with the emotional and behavioral concerns of the newly injured patient and with any potential cognitive dysfunction



**Medical Support :** effective pressure sores management, orthotics assistance, home care assistance/ guidance



**Awareness :** Develop and publish awareness materials about SCI



- Sevadhama is Located at Sauthadka
- Established with Rs 30 Lakh overhead cost and 20 Lakh recurring cost
- Sevadhama is housed in a rent free building provided by Sri Mahaganapathy Seva Trust (R.), Sauthadka.
- Technical and partial financial support from APD (The Association of People with Disability, India)
- Accommodates 10 PwSCIs at a time, generally requiring three months in house facilities
- Targeted to rehabilitate 40 to 50 PwSCIs in a year.

**Road map of Sevadhama**

- Replicate "Sevadhama Model"-establish SCI rehab centers in other places to cater the needs of wider segment of the SCI sufferers covering three districts
- Ensure social inclusion and increase the mobility of people with SCIs.
- Educate and provide vocational training to people with SCIs.
- Work with the government and donor agencies to ensure required resource deployment.